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Panel explores the Flint water crisis

Hope Hancock
Co-Editor-in-Chief

The Women's and Gender Studies Keystone class organized an interdisciplinary panel of faculty and one student to discuss the water crisis in Flint, Michigan on Monday night.

The panel featured faculty from nearly every discipline on the Hope College campus, from art to chemistry. Students Abigail Girard ('17) and Jessica Cain ('16), both members of the Keystone class, opened the panel.

Talking about the purpose of the panel, Girard said, "We're dissecting [the Flint water crisis] and getting to the root of the problem."

While each person on the panel talked about the Flint water crisis in relation to their discipline and experience, the overarching message was clear. This panel was not designed to talk about Flint alone. It called the Hope College community to action.

Multiple professors, including Dr. Chuck Green of the psychology department and Dr. Deb



TRUTHSEC ANONS

THE CRISIS CONTINUES — Hope College faculty discussed the repercussions of the crisis occurring in Flint. From the economic to the political stances, this has had a profound impact on the state of Michigan.

Swanson of the sociology department, discussed the larger systemic processes underlying the problems in Flint and encouraged attendees to think of ways that they can combat destructive systems.

This project was born out of Dr. Julie Kipp's personal interest

in the Flint water crisis. At the beginning of the semester, she assigned her students to look into what was going on with the water in Flint. Little did she know that Flint would be making national news shortly after.

When Flint did gain national attention, Kipp contacted Presi-

dent John Knapp who suggested that the class develop a panel.

"We just got the ball rolling really quickly because we knew that this was something that needed to happen really quickly," Emme Veenbaas ('16), another student in the class, said.

Alexis Brenner ('17) spoke to

the importance of activism.

"We really wanted to focus on the activism aspect of it, and I think that the panelists did a great job of emphasizing what we as a community can do to best serve the Flint community members, thinking critically about that, rather than maybe surface-level solutions that wouldn't really get to the root of the problem," Brenner said. "This isn't just a Flint issue, this is a nationwide issue dealing with environmental racism."

Volunteer Services is collecting bottled water, baby wipes and money for the Flint community, necessities for those living in homes with contaminated water. However, Veenbaas echoed the voices of many panelists and peers, pointing out the importance of thinking ahead.

"There's only so much that donating bottled water can do. It's much bigger than giving them bottles of water. How are they going to bathe? What are these long term effects going to do?" she said.

'The Vagina Monologues' takes Hope College stage

Becky Downing
Arts Co-Editor
@BECKYJODOWNING

After many years of off-campus performances, "The Vagina Monologues" debuted at Hope College this past weekend. Much controversy has surrounded the show since Hope announced that it would be held on campus. However, the show must go on, and its cast performed for three sold-out audiences on Feb. 5, 6 and 7.

Written by Eve Ensler in 1996, "The Vagina Monologues" is an episodic play consisting of various monologues based on over 200 interviews of women. Co-director of the show Alissa Heynen ('18) shares a special connection to the original production: "My step-grandma, who is one of my biggest role models, was one of the original producers of 'The Vagina Monologues'" said Heynen. "So I felt a kind of connection to the show."

Still, Heynen hesitated when last year's director Brittany Bernardi ('15) approached her about directing 2016's production. "I didn't know what to do. I hadn't been expecting this, and I

was really uncomfortable."

The show has often been called uncomfortable, as many of the monologues tell women's graphic accounts of situations, such as sexual assault, sexuality and childbirth. One monologue even is told from the perspective of a Bosnian woman subjected to rape camps. However, cast members argue that the show is about much more than shock value.

"It gives a voice to women who feel like they have none," Nina Kay ('19) said, who performed in this year's production. "The show is important because it tells real accounts of women's lives."

Heynen came to this conclusion after meeting with Bernardi and Lindsay Hall ('17), who helped Heynen co-direct the show from her study abroad program in London, England. "There were 10 years of women behind us that had fought hard for the women of Hope to be able to perform on campus," Heynen said. "Lindsay and I knew we could do this together."

In an email to the students organizing "The Vagina Mono-



Sam Cole

BREAKING GROUND— Amid controversy, the Hope women put on "The Vagina Monologues" on campus for the first time in its history.

logues," President John Knapp said that he did not believe that the show had enough on-campus support; however, he strongly recommended that the cast perform the show off-campus like the many years before.

That didn't stop the cast from

performing, though. Therefore, they sent out an online survey to Hope students. Students were asked whether or not they supported "The Vagina Monologues" being performed on campus. The cast and crew were thrilled with the survey's results.

"We received over 500 signatures in six days from students who supported holding 'The Vagina Monologues' on campus," Heynen said.

Ultimately, this support al-

SEE MONOLOGUES, PAGE 5



ARTS

Musical Showcase

Take a look at the grand opening of the concert hall.

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FEATURES

Vote for Leo

Tally up your votes for your favorite nominees for an Oscar, taking later this month in Hollywood.

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SPORTS

A Fresh 500

Coach Morehouse's career reaches a milestone as he receives honors for his 500th win.

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THIS WEEK AT HOPE

Wednesday Feb. 10

Grand Rapids Luncheon

Ellen Awad is a keynote speaker at the sesquicentennial luncheon in Grand Rapids. The lunch will be served at University Club at noon.

Wednesday Feb. 10

Blood Drive

Alpha Phi Omega is hosting a blood drive in the Maas Center. The drive begins at noon.

Thursday Feb. 11

Career Fair Prep and Resume Review

Receive help from Hope's Career Development team and prepare for the career fair starting at 11 a.m.

Thursday Feb. 11

Chinese Culture Cafe

Students are invited to gather for authentic snacks and games starting at 7 p.m. The event will be held in Martha Miller room 239, no Chinese language experience is necessary.

IN BRIEF

CATCH 'MUSTANG' AT THE KNICKERBOCKER THEATER

Going on now through Saturday, Hope Students are able to check out one of the Oscar nominated movies just down the street. The French-Turkish film "Mustang" follows the journey of five sisters who fight for freedom against their entrapping family. The movie is up for Best Foreign Language Film. The film is in Turkish with English subtitles. The film will start at 7:30 p.m.

16th Dance Marathon Approaches

Hannah Winegar
STAFF WRITER

Back in 2000, Hope College started a tradition that is now known as Dance Marathon. Since it was only the first year for the event, those in charge only expected to raise \$4,800, especially since Hope is a small school. However, the event brought in over \$23,000 for Helen DeVos Children's Hospital. Fast forward 15 years to when the 2015 Dance Marathon brought in over \$182,000. Now Dance Marathon is more than just 24 hours of dancing; there are fundraising dinners, Christmas parties and a Hope basketball game specifically "for the kids." Over 800 people from the Hope community participate in this event as either dancers, moralers or on some sort of planning community.

Two organizations are the primary beneficiaries from Dance Marathon: Helen DeVos Children's Hospital and the Children's Miracle Network. The first, Helen DeVos, located in Grand Rapids, is the only hospital in the area that immerses itself in providing complete care to children. Newborns, infants, children and adolescents from over 37 countries are referred to Helen DeVos for care, and they provide care that is not usually available at community hospitals. This hospital is also

a source of knowledge for other health care centers in the area, as well as local physicians. Helen DeVos depends entirely upon donations from private donors to keep their doors open and expanding. Specific programs that depend upon donations include Center for Child Protection, Congenital Heart Center, Child Life Services Kidney Dialysis, Transplants Childhood Cancer and the Neonatal Intensive Care.

The second program that benefits from Dance Marathon is Children's Miracle Network, an international and non-profit organization that helps by raising funds for over 170 children's hospitals and raises awareness for those hospitals. Hospitals affiliated with Children's Miracle Network help over 17 million children every year all over the world as these children overcome wide ranges of diseases, injuries and birth defects. Because of the Children's Miracle Network, hospitals in their domain are able to help all children that come through their doors regardless of their socioeconomic status.

Despite the well-known organizations that Dance Marathon supports, the 800 students really do this specifically for the kids, known as miracle families. These miracle families are the sole reason for Dance Marathon.



DANCE MARATHON

NEW YEAR, NEW DANCE MOVES— The 2015 Dance Marathon was very successful, raising more than \$182,000. This year's marathoners plan to beat that total.

"We dance (and fundraise) for the kids so they can dream, hope for a brighter future, get more good night sleeps, be filled with laughter, because they deserve to be celebrated and overflowed with happiness," Sam Starks ('16) said.

Hope students may do the dancing, but the children are the ones who support this event all year round and act as representatives of the hospitals on campus. In order to keep bonds between the families and the college, miracle families will often be present at homecoming events, various sporting events and the actual Dance Marathon. These families are the people who inspire students to stay on their feet for 24 hours, and in

return, the participants learn from these families, support them and celebrate with them.

"I want to challenge those who are participating this year and years to come to ask yourself why are you dancing and fundraising for Dance Marathon," Starks said.

Dance Marathon 2016 will take place March 11-12. Ways to get involved include joining a committee, being a dancer, being a moraler that inspires dancers to stay on their feet or becoming a Designated Group Representative, people who spread the news about Dance Marathon all year round. Those interested in getting involved can e-mail Dance Marathon at dancemarathon@hope.edu.

PERSPECTIVES

Exercise science heads to ACSM conference

Aleks Molenaar

CAMPUS CO-EDITOR
@ALEKMOLE

Last Thursday, I had the wonderful experience of going to the American College of Sports Medicine (ACSM) conference in Gaylord, Michigan. Michigan is the only state with its own conference, the second closest being the Midwestern National conference. The conference has been held at various locations in Michigan for the past 20 years.

The conference began with an introduction by Michigan State University's Dr. Karin Pfeiffer. The keynote involved the need for a new set of guidelines for physical activity, particularly in children. Pfeiffer made the example that dietary guidelines are changed at least every five years while exercise guidelines should change as well. Pfeiffer noted that in 2008 the first national guidelines for exercise were established, but more needed to be done, especially for children and teenagers, as physical education has come to a screeching halt in the country's educational system. Pfeiffer's goal in the future is to update national exercise guidelines every 10 years to ensure the citizens of the United States are doing their part to lower diseases such as cardiovascular



Aleks Molenaar

HEALTH AND EXERCISE— David Lenzi ('16) and Professor Stein Slette exchange words before Lenzi's presentation.

disease, diabetes and obesity.

After the keynote, the floor was open to student presentations. There were 29 student presentations, which ranged from pacing strategies in running to how the paleo diet can affect exercise. Four Hope College students presented, Hannah Johnsen ('16), Gwen Casper ('16), Caitlyn Campbell ('17) and David Lenzi ('16). Johnsen's presentation examined how foam rolling could be beneficial to flexibility when compared to

dynamic stretching. Casper's proposal is looking to find significance between foam rolling and increasing vertical jump. Campbell's proposal involved analyzing the dietary habits of children who are in Hope's Foundations for Fitness program.

Lenzi's proposal is looking to see if sodium bicarbonate, a buffer of fatigue in exercise, affects running or cycling more significantly. Student's from all over Michigan came to represent their schools. Central Michigan, Michigan State, Michigan Tech, Eastern Michigan, Western Michigan, Saginaw Valley State, Lake Superior State, Grand Valley, Alma, Oakland and Hope were represented at the conference. The

conference was split up into two days, evenly splitting up the presentations.

I enjoyed the format of the conference because there would always be two presentations going at a time so you could pick which one sounded more interesting. It was an invaluable experience because not only do you have the opportunity to present your own work but also see what other people and schools are doing. The final presentation was given by Valerie Smith of Central Michigan. She presented her journey through the many routes she took. Internships, being a part of a nearly qualifying U.S. bobsled team and becoming ACSM certified, as well as finishing graduate school, were crucial to

her career journey.

There was plenty for me to take out of the week end but mostly for everyone there is an unimaginable number of routes you can take to get to where you want to be. As a senior, this has been a big issue on my mind, but I can definitely say for any major, going to see one of these conferences is an experience everyone should have.

Have a campus club or student group that wants to be represented in print? Contact anchor@hope.edu

Lenten Retreat
March 4-5, 2016

You are invited to join us for a Lenten Retreat in Three Rivers, MI. We will spend time reflecting on the purpose of Lent and practicing prayer and silence. For \$25 you will receive guidance, a sacred space to unwind and delicious, real food. If you have questions or would like to sign up (deadline is Feb. 28), contact Rev. Andrew Spidahl, Fr. Christian Baron, or Jensine Waller (junior at Hope College). Rides and scholarships are available.

We will meet at 5 pm on Friday, March 4 at Grace Episcopal Church (pick up from Hope College also available). We will head home at about 7 pm on Saturday, March 5.



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Christian Baron: 512-826-9657 - christianjohnbaron@gmail.com



hope & grace
College and 20/30s Ministry

North Korea's rocket launch condemned

The successful deployment of a satellite by the communist nation has increased nuclear proliferation fears

Alex Belica
WORLD Co-Editor

On Sunday, Jan. 7, the North Korean government successfully launched a long-range rocket, sparking widespread condemnation from global leaders and increasingly loud calls for sanctions.

North Korea, a communist nation led by the reclusive dictator Kim Jong Un, has been upping tensions both within the region and internationally, as it continues to pursue nuclear weapons in violation of international treaties, last detonating a test nuclear bomb on Jan. 6.

Although North Korea claims it was only launching a satellite for peaceful purposes, experts agree that the launch has broader proliferation implications because the rocket technology being developed could be modified relatively easily to produce a ballistic missile capable of carrying a nuclear warhead.

According to Pentagon officials, it appears the launch was carried out successfully.

"We've been able to determine that they were able to put a satellite or some space device into orbit," Pentagon Spokesman Peter Cook said.

The incident led to an emergency meeting held by the United Nations Security Council where members unanimously condemned the launch as an "intolerable provocation." Many countries, including the U.S., are calling for tough new international sanctions against the Korean government that would squeeze the country's already fledgling economy.

U.S. Ambassador Samantha Power told reporters that "it cannot be business as usual after two successive North Korean acts that are hostile and illegal."

It remains unlikely, however, that China, historically a close ally to her neighbor, would allow the implementation of sanctions strong enough to threaten the current North Korean regime.

China is North Korea's main source of foreign aid and also its primary trading partner. China's ruling Communist Party has long feared a collapse of the North Korean regime, as it could precipitate reunification of the Korean peninsula under South Korean oversight, further threatening China's power in the region.

The current situation, however, is also likely to further increase tension in the region as



AP IMAGES

MISSILE DEFENSE — U.S. forces display a THAAD missile defense system. South Korea and the U.S. are in talks to deploy such a system to combat growing North Korean threat.

U.S. officials have signaled support for deploying high tech THAAD missile defense systems in South Korea to counter the growing threat. THAAD is an acronym for the U.S.-made Terminal High Altitude Area Defense system capable of downing medium and intermediate range ballistic missiles in flight.

"The Republic of Korea and the U.S. assesses that North Ko-

rea's nuclear test and its long-range missile test is a severe threat against peace and stability to the Republic of Korea and the Asia Pacific Region," said Yoo Jeh-seung, head of Defense Planning, South Korean Defense Ministry. "In response to the increasing North Korean threat, the Republic of Korea and the U.S. will officially discuss deploying THAAD to U.S. Forces

in Korea to improve its missile defense posture."

China has long balked at the deployment of such high-tech defensive weaponry as a threat to its military power, as the system could also theoretically intercept a Chinese missile launch.

It remains to be determined how China will respond if such a system is deployed.

Committee votes to raise state speed limit

Alex Belica
WORLD Co-Editor

Driving on Michigan's rural interstates may soon get faster, if legislators in the Michigan State House of Representatives have their way. On Feb. 2, a package of five bills raising the speed limit to 75 or 80 miles per hour on rural stretches of highway was approved by the House Transportation Committee with bipartisan support. The package will need to be approved by floor votes in both the Michigan State House and Senate before it becomes law.

In the first year of enactment, the proposed packages would raise the speed limit to 75 miles per hour on over 600 miles of controlled access highway running through rural parts of the state. Current Michigan law does not allow speed limits above 70 miles per hour. In future years, the legislation would also allow for speed limits of up to 80 miles per hour on stretches of road that studies conducted by the Michigan State Police validate as capable of supporting higher speeds.

The bills' sponsors cited U.S.-127 north of St. Johns up to Grayling, I-69 between Lansing and Flint, and I-75 north of Bay City as examples of rural interstate that could support speeds higher than the posted 70 miles per hour limit. Freeways in more densely populated areas with more exits and entrance ramps would not see their speed limits change under the plan.

However, it's not only interstate travelers that would be able

to take advantage of the higher speed limits; the bill also calls for increasing the limit on state trunk lines, roads that begin with the letter "M" to 60 miles per hour from the current 55 miles per hour speed limit on 900 miles of roadway. If validated by the State Police, these roads could also see the limit boosted to 65 miles per hour in the future.

"We tried to craft a bill that will provide safety and better traffic movement throughout the state," state Rep. Brad Jacobsen, R-Oxford, who is sponsoring the legislations told the Detroit Free Press. "Most expressways are designed for five over, if you would, so they're designed at 75 miles per hour."

While some question the safety of higher speed limits, Jacobsen argued that the changes should not have an effect on safety because a large number of motorists already travel these stretches of highway at speeds well over 70 miles per hour.

Jacobsen's assertions are supported by Thad Peterson, a recently retired Michigan State Police traffic expert. Peterson argued that the best speed limits are those set at the 85th percentile of the speed people actually drive on the roadway. Speed limits set either too far above or below the speed that the majority of motorists naturally drive a stretch of roadway may increase accidents.

"People worry that vehicles/drivers will increase travel speeds by the amount of the speed limit increase; however, the best re-

search solidly refutes this assertion," Peterson said. "Of the hundreds of the road segments where we increased the speed limit up to the closest multiple of five miles per hour to the 85th percentile speed [during my tenure], traffic travel speeds never

increased significantly. Travel speeds are made more consistent across the board, which is why crashes are normally reduced, and the crashes that do occur, do not tend to involve higher speeds than they did prior to the speed limit increase."

So far, the legislation has not encountered resistance from any law enforcement or motorist group. The only opposition thus far has come from Michigan Trails and Greenways Alliance which represents bicyclists and hikers.

HOPE COLLEGE DISCOUNT PROGRAM in DOWNTOWN HOLLAND

Hope College students, faculty and staff can receive discounts and promotions at over 45 participating Downtown shops, boutiques and restaurants all February long by showing their Hope College ID! Visit www.hopecollegediscount.com for more information and details or call 616.796.1210.

 **Hope**
COLLEGE

THIS WEEK IN SCIENCE

Research published in the Canadian Medical Association Journal now suggests that concussions pose a much greater risk to health than previously thought. Among the participants of the study, all middle aged non-athletes, the likelihood of suicide after a single concussion may increase three-times more than those without concussions. Subsequent concussions were found to increase this risk.

Researchers led by Ellen Martinsen at the Smithsonian's Conservation Biology Institute have found low levels of a native Malaria parasite in North American deer. Despite this, there are over 100 different known species of Malaria parasite and this poses little health risk to humans. However, it may suggest a different evolutionary history of the parasite.

A group of researchers have published a new study, reviewing the adjustments that the NOAA use when tracking and standardizing temperature data. Congressman Lamar Smith (R-TX) has begun a witch hunt suggesting that NOAA has been altering their data in order to falsify global temperature records. However, a study from Berkeley has noted that NOAA alters and effects data used for temperature records from a multitude of temperature monitoring stations at the U.S. Climate Reference Network.

A team of Portuguese scientists have found that blocking dopamine receptors in certain fish species can increase their rate of working and co-operation with other fish. Dopamine is a primary neurotransmitter involved in memory and habit-formation among humans and other mammals. This is the first evidence of cooperative events being induced by dopamine observed among fish species.

A report recently published in Clinical Psychological Science has contested that winter months do not induce any variation in rates of depression, nor do prolonged winter days.

The population of phytoplankton, the base of the food-chain for ocean life, in the Indian Ocean have fallen some 30 percent over the past 16 years.

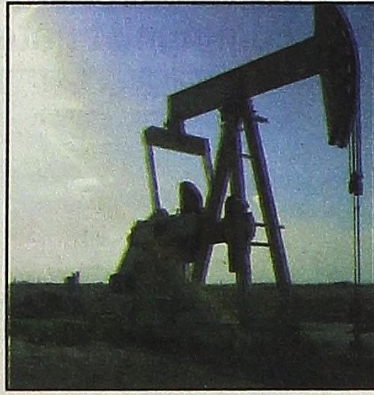
Oil floods market, stocks fall

With a barrel of black gold now costing less than \$30, global economies shudder

Alex Swain
Co-Editor World
@DNAAlexSwain

2016 began with stock markets taking a downward tumble, with their prized percentages and values depreciating at particularly unexpected rates. On Monday, Feb. 8, the stock market continued its trend of falling. The Dow lost 178 points, S&P 500 (an index based keeps tabs on the 500 largest companies that have listings on the NYSE or NASDAQ) depreciated by 1.4 percent. NASDAQ fell 1.8 percent as well, now lies at 14.5 percent less than how it began in on Jan. 1, 2016. People, it appears, are fearfully selling stocks at rapid rates, rather than investing and attempting to gain some increase in stocks. David Kelley, a chief global strategist at JPMorgan Funds said, "There's too much fear and too little greed right now."

The precipitous decline and growth in fearful trading habits among Wall Street is preceded by a massive decline in the price of oil. Indeed, oil has dropped an additional 3 percent, reaching less than \$30 a barrel. While being a massive boon for American consumers and the cash-strapped college student, it is an unnerving symptom that



WIKIPEDIA

OIL DRILLING BOOMS AND BUSTS — Drilling in the U.S. is an issue of contention, as many environmentalists disagree with much of the corporate interest in the black gold.

something in the economy is not working properly.

Energy stock is falling precipitously as well.

Chesapeake Energy, a giant among the market, has fallen some 51 percent. Despite fears of a bankruptcy, Chesapeake Energy has denied that it is filing for bankruptcy. A European firm, Bespoke Investment Group, has noted similar trends in European markets. They said it is this "kind of parabolic price action that feels like a crisis, even if there's no concrete evidence that one is afoot."

Due to the waning price of oil, there has been a large

decline in manpower among the, previously booming oil fields of North Dakota. The United States has been drilling largely in the plains states, particularly in North Dakota, which has seen billions of dollars of investment in infrastructure to suck out the black gold from the skin of the earth. New drilling has dried up just as the oil began flowing plentifully, it seems. The boomtowns of old seem to have made a comeback, with large apartment complexes and hotels sprouting during the peak of this influx of workers. Now, it is claimed, many of these places are dark.

Interestingly, Venezuela has recently begun importing U.S. oil as well, despite having the world's largest surplus of oil currently. Venezuela contains an estimated 298 billion barrels of oil, more than Saudi Arabia, Russia and Iran, and eight-times larger than the reserves within the United States. Interestingly, this is due to the oil within Venezuela being "heavier" and "more difficult to refine." They ship to other nations around the globe. Therefore, they have imported lighter oils from various countries like Nigeria, Russia and Angola.

The U.S. officially lifted a 40-year ban on oil exports in

December, presumably due to the large amounts of oil that have been produced within the United States. Interestingly, imports from Venezuela have been declining massively since 2008, where imports peaked at \$4.8 billion. As of 2014, the imports had shrunk to a measly \$26 million. Venezuela is an economy that heavily depends on its oil production and export. Due to the large influx of oil from global competitors, the economy is rapidly falling.

This fall in oil prices is also dramatically affecting governments such as Iraq. The monthly revenues of the Iraqi government have fallen from \$8 billion to \$3 billion. On Jan. 23, the government of Russia had to deal with protests, as they cut salaries and reduced subsidies in response to oil continuing a fall below \$30. After this, oil bounced back to slightly more expensive, yet now it is, once more, reduced. As of January 28, Saudi Arabia and other OPEC nations have been producing oil at "full capacity," continuing to flood the market. The global ramifications of this are currently being felt. It is thought that this reduction in oil could shake the United States, like other nations, into an economic collapse as well.

Taiwan shaken by earthquake

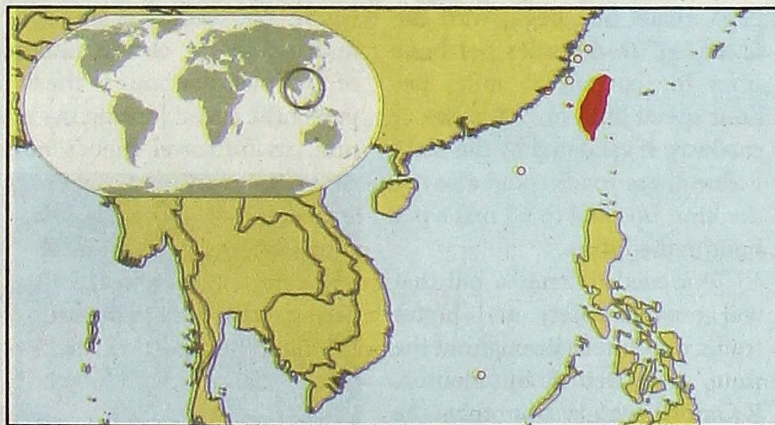
Small island nation finds magnitude 6.4 disaster prior to start of Lunar New Year

Kaan Kurtulus
GUEST WRITER

After having deadly earthquakes rumble throughout Afghanistan, Nepal and India over the past several months, Taiwan was hit by an earthquake on Saturday, Feb. 6. The Taiwanese Disaster Center announced that the magnitude of the earthquake was a 6.4 on the Richter scale. For now, at least 40 people have been announced dead, more than 500 listed as injured, and an estimated 120 reported as missing.

Taiwan is a small nation in East Asia with contested international status. The People's Republic of China considers Taiwanese authority and legality to be illegitimate. The Republic of China (how Taiwan refers to itself) views itself as a sovereign state. An estimated 23 million individuals live on the island nation to the east of China's coast. Taiwan is located in the area referred as the "Ring of Fire." Around 90 percent of the Earth's earthquakes occur in this area.

Numbers of reported deaths are continuing to rise as more information is found and more rubble is cleared away. Thus far, an estimated 350 people have been saved by Taiwanese rescue teams, and the teams are still working towards saving possible survivors.



WIKIPEDIA

TAIWAN AND THE RING OF FIRE — The area of high earthquake activity incorporates countries that border, more or less, the Pacific Ocean due to highly active plate tectonics. It contains 75 percent of the world's active volcanoes.

Taiwan residents said this was the biggest tremor they had felt, even though earthquakes are common in the island country. A magnitude 6.4 is enough to do significant damage to a city. According to the United States Geological Survey, the shift in Earth's crust did not occur deep within the crust of the planet. Rather, a "mere" 6.2 miles deep. Shallow earthquakes are known to do more damage as the energy of the shifting earth is not stanchied.

Multiple buildings have collapsed. A majority of the dead were from the wreckage of the Weiguan Jinlong building, which is located in Tainan, and took the most damage from the earthquake. There are about 123 people stuck under the debris of these big buildings,

most of them believed to be at the bottom of the remains of the collapsed building, but the rescuers haven't lost faith yet. One man was able to reach out of the pebbles and make his voice heard by the rescuers, so there might be more survivors. More than 1,500 people are working at the rescue operations.

The areas that were effected by the earthquake are filled with panic and terror. Families and loved ones wait amid debris to hear news about, or from, their loved ones. Most of the region has also been dealing with power outages, and authorities have been working on getting power back to the cities. Local hospitals have been filled, but they have been working quickly and systematically to prevent an overflow.

The powerful and rich in Taiwan's metropolises made sizable donations for the cause. Millions of dollars have been donated for earthquake relief to help families that were affected.

Big buildings collapsing because of the earthquake has sparked up controversy. People have been questioning if the buildings were made up to the earthquake safety regulations. BBC journalist Rupert Wingfield-Hayes said he saw evidence that concrete that was used in one of the buildings was reinforced with tin cans. CNN announced that officials said that they will conduct an investigation of the collapsed buildings.

The earthquake hit Taiwan very close to an immensely important holiday. The Lunar New Year was just around the corner when this struck.

Rescue operations are still going on, but unfortunately, the numbers of deaths are rising as the rescuers find their ways into the collapsed buildings and find more people who lost their life under the debris.

The country is in a state of mourning it's death and damage for now, but angry voices are rising up about the buildings. On these first days of the Lunar New Year, many now pray that some good fortune may come.

Hope women perform 'The Vagina Monologues'

♦ **Monologues**, from page 1

lowed the cast to go through with their original plan and perform the show in the Fried-Hemenway Auditorium. Support kept rolling in, as all three performances were sold out the day before opening night.

"We were so happy," Kay said. "We thought it would be hard to get people to come, and it was actually harder getting them to go away. I can't believe so many Hope and Holland community members supported us."

Not all of Hope's campus was excited about the show, however. Many students and Holland community members still chose to skip the show due to personal beliefs and morals. Hope student Sean Traynor ('19) is one of the Hope students who chose not to see the production.

"I find the subject matter to very inappropriate," Traynor said. "I was not interested in going to a play that is about the private parts of the female body. I would feel the same way if it were about male private parts, too."

Rachel Bartkowiak ('18) skipped the show for a similar reason. "This was not a conversation I wanted to take part in. Women should definitely respect and feel proud of the bodies God gave them. However, I personally don't think we have

to get provocative to approach this topic."

Hope women involved in "The Vagina Monologues" also said that they hoped the production would start a dialogue on campus.

"I completely understand that many people are uncomfortable with the show," Heynen said. "I want to talk about it! We want to start a conversation about issues surrounding women's sexuality, violence against women and women's self-image. Keep the conversation going."

Deana Velandra ('18), a cast member, said, "I hope at least one person walked away from the show and could not stop thinking about violence against women or female genital mutilation."

Many conversations on social media websites began after students and community members saw the show. Reactions were mixed, with some viewers pointing out the crude language and subject matter, while others believed the show brought up much-needed awareness about important issues. Student Jessica Farhat ('18) appreciated the show.

"I liked how the monologues brought attention to issues women face today," Farhat said. "I especially liked how they encouraged women to feel comfortable in their own skin. In a culture where women are

raised to feel discontent and uncomfortable with their bodies, it was nice to see women expressing love and appreciation for their bodies."

All proceeds from the three performances went to the Center for Women in Transition, a Holland organization that strives to raise awareness of, reduce and prevent domestic and sexual abuse. According to Heynen, the three shows raised nearly \$1,500 for the cause.

Cast members also emphasized that they grew from being in "The Vagina Monologues." "I learned a lot about bravery and standing up for what you believe in," said Kay.

"I felt like I've finally done something important," said Velandra. "I had been through so much over the past two weeks but nothing like the woman I represented in the show. I felt like if I could overcome, she could, too."

Ultimately, the cast and crew hope that "The Vagina Monologues" allowed Hope students to expose themselves to different people's voices and experiences.

"The Vagina Monologues' is more than just a show to me," Heynen said. "It's a community of people willing to listen, teach and grow together. I want everyone to feel like their voice is heard at Hope, and 'The Vagina Monologues' was my way of sharing that."



THE FEMALE EXPERIENCE ON STAGE — Megan Clark ('19) performs the monologue "My Angry Vagina."

PERSPECTIVES

Hope's Visiting Writers Series is back, and it's not just for English majors

Annie Lohrstorfer
COPY EDITOR

This past Thursday, Feb. 4, the Jack Ridl Visiting Writers Series had the honor of hosting Aminatta Forna for a book reading and Q&A session.

Forna is an award-winning novelist who, apart from her memoir, employs fictional stories to expose deeper truths surrounding war-torn countries.

She has a fascination for exploring what causes a country to implode and with the way war impacts those both on and away from the front lines. Her novels unfold with a central question in mind, which guides her writing process.

She addressed the crowd saying, "Don't write what you know; write what you want to understand. Hone in on the question. At the center of each book, there is one thing."

Her presentation had not only English majors but students from all disciplines on the edge of their seats from beginning to end. She opened the book reading by telling the story of her past and how it has inspired her need to write.

Forna has had exposure to many different cultures. She was born in Scotland, raised in Britain and Sierra Leone and spent periods of her childhood in Iran, Thailand and Zambia.

Her time in war-torn Sierra Leone is the setting for her memoir, "The Devil that Danced on the Water," and it is in this novel that she seeks to understand her father's role in the war and her family's past.

She chose to read from three of her fictional novels, "A Memory of Love," "The Hired Man" and "Ancestor Stones."

"A Memory of Love" is a story about friendship, war and obsessive love. The novel won the Commonwealth Writers' Prize Best Book Award 2011 and was nominated for the Eu-

ropean Prize for Fiction 2013. It was selected as one of the Best Books of the Year by the Sunday Telegraph, Financial Times and Times newspapers and was a New York Times Editor's Choice book.

"The Hired Man" tells the story of a Croatian village and the English family who buys a holiday home there. It is a tale of war, betrayal and secrets that linger. "The Hired Man" was picked as one of the best books of 2013 by National Public Radio, The Boston Globe and The San Francisco Chronicle. It was a Barnes & Nobles 2013 Critics Choice.

"Ancestor Stones" follows the lives of four sisters as war sends them down different paths. The novel is set in Sierra Leone, but Forna chooses to leave the village unnamed as "it could have been any village in any country." "Ancestor Stones" won the 2007 Hurston/Wright Legacy Award for Debut Fiction and was selected by the Washington Post as one of the Best Novels of 2006.

Forna's incredible knowledge and skill as a writer were apparent throughout the reading and presentation.

Following the presentation, four of her books, "The Devil that Danced on the Water," "A Memory of Love," "The Hired Man" and "Ancestor Stones," were available for purchase. She stayed after to speak with students and sign books.

The Jack Ridl Visiting Writer's Series is a great asset to Hope College, which exposes Hope students to writers brimming with knowledge. I highly recommend attending upcoming events hosted by the Visiting Writer's Series.

The next event will host Tarfia Faizullah and Jamaal May on March 3 for a Q&A session at 3:30 p.m. in the Fried-Hemenway Auditorium followed by a reading at 7 p.m. at the Jack H. Miller Center for Musical Arts.

Inaugural showcase held in new concert hall

Hope Hancock
CO-EDITOR-IN-CHIEF
@HABITUALLYHOPE

The Inaugural Musical Showcase in the Jack H. Miller Center for the Musical Arts took place Friday, Feb. 5 and Saturday, Feb. 6. It was the first performance to take place there, marking the grand opening of the concert hall. Musically talented students played to a sold out audience both nights.

The program featured 22 performances, and over 130 students participated.

"It felt like a big, historic moment to all of us... I think the students performing had a sense that they were part of this historic moment," Dr. Julia Randel, chair of the music department, said.

Performances included talented instrumental and vocal soloists and many ensembles, all featuring student performers, something that was of top priority for Randel and the rest of the music department faculty.

"It was so important to us that it be students who did that first concert... It felt right," Randel said.

In past years, the Showcase has been held at the DeVos Performance Hall in Grand Rapids, Michigan. This past weekend, however, marked one of many performances and showcases

to be held in the Jack H. Miller building. Dr. Brad Richmond, director of choirs, was in charge of organizing the Showcase, along with Dr. Mihai Craioveanu. Richmond said that planning the event to take place at Hope College was a lot different from planning it at DeVos, but that everything went very smoothly.

"It's a really rewarding place to make music," he said.

Audience members ranged from community members and alumni to parents and students. Hilary Hunsberger ('17) performed a saxophone solo and also as a member of the saxophone quartet. She was particularly excited about performing for an audience on Hope College's campus.

"It was really cool to get up in front of the community because I feel like, at least in the past two years, we haven't really had the opportunity to do so... So this was cool that it was so close, and we could perform for not only our peers but people from the community," Hunsberger said.

Beyond community members, special guests included the acoustician David Kahn and architects Bill Blanski and Jamie Milne, who all attended Friday's performance.

"They were beaming from ear to ear and thrilled with how it all came together. I think that for architects... it's always nice to fi-

nally see the building going up... In the context of something like the music department, where there's a concert hall, to be able to go to something that formalizes the completion in an artistic rendering - that's got to be just a cool thing to be a part of," Richmond said about the architects' attendance.

Students who attended were also impressed with the new hall and students' talents.

"I really enjoyed how so many talented students and groups were represented and the variety of musical styles they performed. The way the soloists filled the space with their voices and instruments was impressive. Also, the new concert hall is gorgeous; I kept having to remind myself that I was on Hope's campus," Elizabeth Ensink ('17) said.

Likewise, professors were beyond satisfied with the Showcase.

"I think it was a marvelous success, and I'm very proud of all of our students," voice professor Dr. Linda Dykstra said.

In addition, jazz professor Dr. Brian Coyle said, "It was just so spectacular for our students to be in a venue that is worthy of their talents. It was really great for people to be up on that stage, performing, and to be in this spectacular place and then have the realization that it's ours."



FEATURES: FILL OUT YOUR

Best Picture:

- ☐ "The Big Short"
- ☐ "Bridge of Spies"
- ☐ "Brooklyn"
- ☐ "Mad Max: Fury Road"
- ☐ "The Martian"
- ☐ "The Revenant"
- ☐ "Room"
- ☐ "Spotlight"

Actor in a Leading Role:

- ☐ Bryan Cranston, "Trumbo"
- ☐ Matt Damon, "The Martian"
- ☐ Leonardo DiCaprio, "The Revenant"
- ☐ Michael Fassbender, "Steve Jobs"
- ☐ Eddie Redmayne, "The Danish Girl"

Actor in a Supportive Role:

- ☐ Christian Bale, "The Big Short"
- ☐ Tom Hardy, "The Revenant"
- ☐ Mark Ruffalo, "Spotlight"
- ☐ Mark Rylance, "Bridge of Spies"
- ☐ Sylvester Stallone, "Creed"

Best Cinematography:

- ☐ "Carol"
- ☐ "The Hateful Eight"
- ☐ "Mad Max: Fury Road"
- ☐ "The Revenant"
- ☐ "Sicario"

Costume Design:

- ☐ "Carol"
- ☐ "Cinderella"
- ☐ "The Danish Girl"
- ☐ "Mad Max: Fury Road"
- ☐ "The Revenant"

Best Directing:

- ☐ "The Big Short"
- ☐ "Mad Max: Fury Road"
- ☐ "The Revenant"
- ☐ "Room"
- ☐ "Spotlight"

Foreign-Language Film:

- ☐ "Embrace of the Serpent," Colombia
- ☐ "Mustang," France
- ☐ "Son of Saul," Hungary
- ☐ "Theeb," Jordan
- ☐ "A War," Denmark

Makeup and Hairstyling:

- ☐ "Mad Max: Fury Road"
- ☐ "The 100-Year-Old Man Who Climbed Out a Window and Disappeared"
- ☐ "The Revenant"

Best Music-Original Song:

- ☐ "Earned It," "Fifty Shades Grey"
- ☐ "Manta Ray," "Racing Extinction"
- ☐ "Simple Song #3," "Youth"
- ☐ "Til It Happens to You," "The Hunting Ground"
- ☐ "Writing's on the Wall," "Spectre"

Short Film-Animated:

- ☐ "Bear Story"
- ☐ "Prologue"
- ☐ "Sanjay's Super Team"
- ☐ "We Can't Live Without Cosmos"
- ☐ "World of Tomorrow"

Sound Editing:

- ☐ "Mad Max: Fury Road"
- ☐ "The Martian"
- ☐ "The Revenant"
- ☐ "Sicario"
- ☐ "Star Wars: The Force Awakens"

Visual Effects:

- ☐ "Ex Machina"
- ☐ "Mad Max: Fury Road"
- ☐ "The Martian"
- ☐ "The Revenant"
- ☐ "Star Wars: The Force Awakens"

Tune in to The Oscars Feb. 28 on ABC at 7 p.m. t

OSCARS PREDICTIONS

FEBRUARY 10, 2016



7

Actress in a Leading Role:

- ☐ Cate Blanchett, "Carol"
- ☐ Brie Larson, "Room"
- ☐ Jennifer Lawrence, "Joy"
- ☐ Charlotte Rampling, "45 Years"
- ☐ Saoirse Ronan, "Brooklyn"

Actress in a Supporting Role:

- ☐ Jennifer Jason Leigh, "The Hateful Eight"
- ☐ Rooney Mara, "Carol"
- ☐ Rachel McAdams, "Spotlight"
- ☐ Alicia Vikander, "The Danish Girl"
- ☐ Kate Winslet, "Steve Jobs"

Animated Feature Film:

- ☐ "Anomalisa"
- ☐ "Boy and the World"
- ☐ "Inside Out"
- ☐ "Shaun the Sheep Movie"
- ☐ "When Marnie Was There"

Documentary Feature:

- ☐ "Amy"
- ☐ "Cartel Land"
- ☐ "The Look of Silence"
- ☐ "What Happened, Miss Simone?"
- ☐ "Winter on Fire: Ukraine's Fight for Freedom"

Documentary Short:

- ☐ "Body Team 12"
- ☐ "Chau, Beyond the Lines"
- ☐ "Claude Lanzmann: Spectres of the Shoah"
- ☐ "A Girl in the River: The Price of Forgiveness"
- ☐ "Last Day of Freedom"

Film Editing:

- ☐ "The Big Short"
- ☐ "Mad Max: Fury Road"
- ☐ "The Revenant"
- ☐ "Spotlight"
- ☐ "Star Wars: The Force Awakens"

Best Music-Original Score:

- ☐ "Bridge of Spies"
- ☐ "Carol"
- ☐ "The Hateful Eight"
- ☐ "Sicario"
- ☐ "Star Wars: The Force Awakens"

Production Design:

- ☐ "Bridge of Spies"
- ☐ "The Danish Girl"
- ☐ "Mad Max: Fury Road"
- ☐ "The Martian"
- ☐ "The Revenant"

Short Film-Live Action:

- ☐ "Ave Maria"
- ☐ "Day One"
- ☐ "Everything Will Be Okay (Alles Wird Gut)"
- ☐ "Shok"
- ☐ "Stutterer"

Writing-Adapted Screenplay:

- ☐ "The Big Short"
- ☐ "Brooklyn"
- ☐ "Carol"
- ☐ "The Martian"
- ☐ "Room"

Writing-Original Screenplay:

- ☐ "Bridge of Spies"
- ☐ "Ex Machina"
- ☐ "Inside Out"
- ☐ "Spotlight"
- ☐ "Straight Outta Compton"

Sound Mixing:

- ☐ "Bridge of Spies"
- ☐ "Mad Max: Fury Road"
- ☐ "The Martian"
- ☐ "The Revenant"
- ☐ "Star Wars: The Force Awakens"

o see if your predictions are correct!

Societal Issues vs. The Super Bowl



Sophie Guetzko
Production Manager
@sophguetzko

The Super Bowl throws me for a loop. Or rather, throws me for a 100-yard pass. It's unbelievable. There's something about watching 20-40 year old men play football for millions of dollars per year that doesn't make sense to me.

I get the appeal. It's an outing with friends, a re-do of Thanksgiving, featuring appetizers, or an excuse to go to a bar on a

Sunday. It's for the commercials. "It happens once a year." It's all true. The Super Bowl is a one-time deal.

The food is good, and the commercials are better, but there's a lot that comes with the Super Bowl that isn't good. And it's certainly not better.

Some of the sidelined issues have come to touchdown in recent years, scoring points for awareness and concern.

In case you haven't heard, as we lie sideways on our couches, we're watching the single most recognized event of human trafficking that takes place in the U.S. every year.

Some reports say that more human trafficking takes place on the day of the Super Bowl than any other day in the United States.

Human trafficking isn't just a third-world issue. It's not an "international" problem. In fact, it's

as domestic as they come.

In 2014, the Urban Institute reported the underground sex trafficking economy generates as much as \$290 million per year in the U.S. alone.

I think we can all agree; that is a whole lot of money.

With that we could buy a lot of Super Bowl food and afford those cheesy decorations from Party City.

Alarming, the spending doesn't stop there. As you're reading this, approximately 100,000 pieces of the Panther's unsellable Championship gear is being shipped overseas to countries where the Super Bowl is irrelevant. 100,000 pieces of clothing are shipped to people who need clothing.

How nice of us to share.

An estimated \$2 million worth of unwanted clothing by the U.S. given to kids and adults in need looks great on paper, but

in my opinion, not so great in reality.

It's like someone handing you a shirt with Chinese writing on it, the only shirt you own, and you later find out it's a leftover from the 2008 Beijing Summer Olympics.

The part that is worse is that ours aren't leftovers: they're deliberately printed, aware that 100,000 pieces of the 200,00 pieces of clothing will be inaccurate after the final score.

So what do we do about it?

We move into action.

Regardless of how much human trafficking the Super Bowl generates, be it a little or a lot, it doesn't matter...if it's present, it's a problem.

We educate. We assist runaways and kids who grow out of the foster care system. We teach boys and girls to respect and love their bodies and the bodies of those around them.

We talk about the needs of third world countries and put money toward initiatives that allow space for people there to learn to make clothing.

How do you get involved? Get your church involved. Partner with organizations like UNICEF. Learn more about organizations like Good360. Google search to find more information.

There has to be a better way to support people than sending them 100,000 shirts with a foreign language that promotes false information.

There has to be a better way to support people than to keep them as slaves.

I like food. I like football. But I'm not a fan of the societal sacrifices we make to keep ourselves entertained.

Generating dialogue and learning to love myself like God does

What 'The Vagina Monologues' taught me



Cassidy Bernhardt
Guest Columnist

Eve Ensler first performed "The Vagina Monologues" in 1996, and since then, she has allowed it to be performed all over the world in professional

theatres, on college campuses and wherever people felt the need to share the stories of women. Her show opened the doors to dialogue about women's body insecurity, preventing interpersonal violence and openness in terms of sexuality. I was honored to be picked to join the cast that would perform "The Vagina Monologues" on Hope College's campus for the very first time. This play has been a doorway to understanding between all the sexes, and a path to women understanding themselves and each other. And I was given the chance to help

lead our college through this threshold and onto the growing adventure ahead.

"The Vagina Monologues" has taught me how to reflect and think critically. With the remarkable opportunity of performing in this play, I was able to give a powerful voice to real stories while also utilizing them in my own growth. The monologues gave me power. The women in them helped me learn to be fearless and strong enough to question the ideas and expectations thrown at me every day by the world that surrounds me. With their help, I now can now

view and talk about my sexuality without my old fear of judgement and ridicule. My sexuality, my body, my whole self is nothing to be ashamed of. "The Vagina Monologues," the wonderful women that performed in them with me and the ones who created it lead me to the profound thought that Christ loves ME for exactly what I am, so it would be completely ridiculous for me not to love myself in the same manner. And that is just the way we, as an audience, should view these women and their stories. We should love them thank them, and congratulate them

for telling their stories to the world. I do not know if I could do that.

With the guidance of "The Vagina Monologues," I have been prepared to encourage conversations and ask the big questions. When social influences tell me one thing, but I hear beautiful words telling me another, it is up to me to allow the beauty of critical thinking to blossom. All I want now, is to keep the conversation going at Hope College. I want all of us to dialogue about women's health, safety and empowerment

♦ see Lessons, page 9

24 hours of love? No problem with these tips to help you out



Taylor Jones
Staff Columnist
@TeejmereSweats

Valentine's Day is 24 hours we either love or dread. I think Urban Dictionary explains the forboding feeling well with this definition: "a day to make lonely people depressed and loved people possessed." Growing up,

Valentine's Day was always so easy. We would sit in class, and everyone would exchange their little cards with everyone in the classroom. Once you graduate from elementary school, it becomes more complicated. If you are one of those looking to survive and thrive this Valentine's Day, listen up to my do's and don'ts on this heartfelt day.

Do

1. Tell that one person you stalk on social media that you have a crush on them

Why not? It is the day of love. There are multiple ways you could do this. You could potentially ask them out on a

date. This will show that you are interested. The best part is it doesn't have to be anything extravagant. Just ask them to get coffee or froyo. Keep it simple. They will appreciate the gesture. Of course, there is always the fear of rejection. If they do say no, then you know where they stand. Forget them and move on.

2. Get candy and flowers for that special someone

We may call giving and receiving candy and flowers "basic," but let's be honest, who doesn't love them? You honestly can never go wrong with candy and flowers. If you know their preferences, buy the person's favorite kind of flower and candy. But if you don't know, the usual

red roses and chocolate will suffice.

Don't

1. Don't write a long sappy caption under your Instagram, Facebook or Twitter post

By all means, post a cute photo of you and your significant other, but keep it simple. Write a one liner, or as I always do, add a simple red heart emoji under the picture. Odds are no one is reading your long post about how in love you are, especially those feeling lonely. Keep it between you and your significant other.

2. Don't call your ex

Yes, you may be feeling lonely on this day, but don't let the in-

fectious love of the day push you to do something you're going to regret. Instead, show other people love. Valentine's Day doesn't always have to be about your significant other. Show your family or best friend how much you love them. My mom usually sends me something every Valentine's Day to say I love you. You can do the same. Spread the love.

Take my advice, run with it and you will survive and thrive this Valentine's Day! Make it a memorable one, and look forward to the next. Happy Valentine's Day everyone.

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Take Back The Mic

Poems, prose and essays explore struggles
faced by LGBTQ+ students

Misdiagnosis

Madelyn Bellew

In high school I was self diagnosed with an illness I like to call “Practically-a-manitus.” The symptoms were as follows:
Hanging with the guys, but not for the reasons that most people expected, but just because it made more sense.
Wearing a natural face instead of painting myself on in the morning, because that’s what felt right.
And being the only person with long hair in my weight training class who was okay bulking up instead of always doing cardio.

Unfortunately, this disease couldn’t be treated with pills or surgery.
The treatment consisted of simply accepting the shock from my peers whenever I wore dresses to school, because sometimes I just wanted to “pretend” that I could be a girl.
It consisted of allowing people to call me “Man-elyn” instead of Madelyn.
It consisted of being okay with gender stereotypes defining who I was as a person.

It wasn’t until college that I realized that I had been misdiagnosed.
This illness I had created within myself was a coping mechanism to justify to myself why I felt out of place.
Why I felt so big and bulky among other girls.
Why I felt different.
It was a wall I had constructed between myself and I.

Now, I may not be going premed, but I think I have finally made the correct diagnoses.
I have an illness known in the medical world as “Homosexuality,” more commonly known as “lesbianism,” “dykititus,” or “boyophobia.”
Thankfully, most professionals believe that this illness is just a phase that I will grow out of.

The symptoms are as follows:
Friendships growing a little weird, because I now have a crush on everyone who has two X chromosomes.
Constant reminders that I have immoral tendencies and that my love is less than.
Receiving a plethora of comments along the lines of “but you don’t LOOK gay...”
And lastly, having a never ending fear of rejection when I mention to my new friends in class that I have a girlfriend, not a boyfriend.

Thankfully, the treatment for this diagnosis is much more pleasant than my previous disease.
For those of you out there who have been diagnosed with this disease, or have early signs of its onset (such as being diagnosed with “practically-a-manicitus,”) there is hope for you.
My treatment now consists of wearing whatever the heck I want to wear, because I am not defined as a person by how I express myself.
It consists of loving those who have supported me on my journey.
It consists of living the last year and a half of my life alongside the most beautiful, selfless, and courageous woman I have ever met.
Lastly, it consists of accepting and being sure of who I am, of loving every part of myself from my bulky arms to my lacy dresses, and, more importantly, it consists of just being happy. This is my kind of diagnosis.

Quote of the week

FIND SOMEONE
WHO KNOWS
THAT YOU’RE
NOT PERFECT
BUT TREATS
YOU AS IF YOU
ARE.

Want to see your name in print?

Email anchor@hope.edu about writing for The Anchor

or

Come to our Sunday meetings at 6 p.m. in The Anchor Office in Martha Miller

♦ Lessons, continued from page 8

I plan to use “The Vagina Monologues” to lead me down a path of showing love and understanding to everyone I encounter, not just the people with whom I relate. And I feel urged to never let anyone have their voices stifled, again. “The Vagina Monologues” are the stories of the women who have not had the opportunity to speak for themselves, but now they have a chorus of voices on our campus.

No one deserves anything less from a place called Hope.

Habitually Hope: Jumping into a book

Life lessons from my spunky nine-year-old sister and her newfound love of literature



Hope Hancock
CO-EDITOR-IN-CHIEF
@HABITUALLYHOPE

I talked with my sister on the phone this past weekend and was startled when she asked me what I planned on writing about for The Anchor this week. She's nine years old, and I didn't expect that she paid too much attention to things I have been writing.

Turns out, she does. My mom then told me that I've written about many members of our family, and Abby has been waiting for me to feature her.

Here's to you, sis!

I grew up loving to read. My mom wouldn't let me play videogames, so I filled my time with watching TV, playing with friends and reading. My sister, however, hasn't always shared the same passion.

When she was in about

second grade, she would start about 10 books, and it was all our parents could do to get her to finish them.

My love of reading led to my decision to major in English literature. However, it might have made me a little snooty. I would cringe when I came home for breaks to find my sister reading the latest teeny-bopper zombie novel. Couldn't she read "Old Yeller" or "Ella Enchanted"? Or some classic piece of literature?

I'm taking Literature for Children and Adolescents with Dr. Dianne Portfleet, and I'm pretty sure she would classify some of what my sister has read as "junk literature."

But, rather than discourage Abby's reading choices, I've tried to encourage her to engage with reading and to really participate with books in the classroom. I think my efforts have finally paid off. I mean, she's 9 and reads The Anchor. That immediately qualifies her as the most well-read fourth grader in all of Tremont Grade School!

Joking. Finding out that Abby reads The Anchor isn't what impressed me the most about our phone call.

She told me that she wanted me to write about the best kids

books of all time. I believe her suggested title even was "The Best Kids Books of All Time" or something to that effect.

I asked her why, and she dove into a synopsis of R. J. Palacio's "Wonder." Abby told me about the struggles Auggie, the main character, goes through and his desire to fit in.

I could tell that she was really into the book. After all, she excitedly concluded by telling me that she read 200 pages in less than a week and even lost track of time while reading. That's music to any book-loving, big sister's ears!

In Children's Literature, Dr. Portfleet has asked us to consider the question, "What makes good literature?" One of my No. 1 answers is that good literature takes you away and places you into the world of the book. Books that capture your emotions and hold them hostage until long after you've read the last page that define good literature. "The Perks of Being a Wallflower" and "Looking for Alaska" are some of those books for me. And "Wonder" does that for my sister.

In an era when it is hard to find a spare moment free of distractions and, especially as students, when it seems impossi-



HOPE HANCOCK

A DAY IN THE ORCHARD — Abby came to visit me in the fall, and we visited Crane's Orchard. With almost 13 years between us, there is still a lot we connect on. Apples and books being just a couple.

ble to find time to read "for fun," we still need to prioritize the time to read, even if that means reading short novels written for adolescents. Kids books have a lot to offer and teach people of all ages.

Whether your reading Shel

Silverstein or Aristotle, literature provides so many ways for humans to connect with people of all ages.

And, if nothing else, they will give you something new to talk about with the nine-year-olds in your own life.

Sporty Spice: A message to the single people



Nicole Metzler
CO-EDITOR-IN-CHIEF
@NICOLE_JA

I'm not a Valentine's Day fan. At all. And not just because of that weird Vermont Teddy Bear commercial that shows up every year. Maybe it's because I am perpetually single or maybe it's because I hate the color pink. Maybe it's because one time my dad and brother sent me flowers even though I'm allergic to them and I refused to throw them out/give them away so I spent a week not being able to breathe.

Regardless of my inability to pinpoint the epicenter of my

hatred, the season isn't all bad. Thanks to the wonderful writers of the hit show "Parks and Recreation," I now spend Feb. 13 celebrating Galentine's Day.

For those of you who lead the unfortunate no-Parks-and-Rec lives, Galentine's Day is a day of celebrating "lady friends." You get together, eat brunch, give cards and/or gifts and just hang out. It's pretty awesome. Like Leslie Knope says in the show, "It's ladies celebrating ladies. It's like Lilith Fair, minus the angst."

It makes me feel kind of bad for guys. Guys, if you want to celebrate Galentine's Day, do it. Or create your own version. Guyentine's? ValenTim's? Something to do with Bromance?

Galentine's Day can be celebrated by singles and non-singles alike. It's all-inclusive. Get all of the benefits out of Valentine's without all of the unnecessary awfulness.

(I would like to postpone

this column to apologize for my writing this week. It's sub-par. Awfulness? I would have replaced the word, but I was too surprised to learn that it was an actual word that I chose to keep it. Consider yourself enlightened.)

If anyone knows me at all, they know I'm very pro empowerment. That's kind of my thing. I just don't want anyone to feel bad about themselves, you know? I see a lot of this happening on Valentine's Day and the days leading up to it. I hate seeing my friends tell themselves how they're not going to freak out about being single, only to see them freak out about being single.

Here's my message to the single people and anyone else out there needing love: it's going to be alright. You're awesome and you don't need a guy or girl to make you any better because who you are is already enough.

I get it. Loving someone else is easy. Loving yourself is so much harder. But it's also so important. I really, really hate seeing people unhappy. I know what it's like. I spent my years growing up being bullied about my looks or my laugh or my personality or the way I ran at practice. I grew up hating a lot of who I was.

Life has changed a lot in college. Yes, I still face those bullies every now-and-then, but they're far less frequent and I've started to see that I'm actually a cool person. I like who I've turned out to be. Don't get me wrong, I still have moments of depression where I feel like I'm not good enough, but I'm able to get out of them quicker now.

This column isn't meant for you to pity me. I'm also not saying that if you follow everything I do, your life will magically become easier. I'm saying that I feel for those hurting. I do. I want the best for you. I want you to

be able to look at yourself in the mirror and not look away. I want you to be able to talk to people without worrying that you'll seem weird or wrong. I want you to feel comfortable in your own skin.

Valentine's Day is hard on the singles and it hits every one of us in some way, big or small, whether we like it or not. Promise me that if you start to feel down, you'll remind yourself of your worth. You were made for a purpose. God has so much in store for you that you can't even begin to imagine. Seek Him in times of need. Surround yourself with people who truly care about you. Be proud of everything that you are.

So this Valentine's Day, eat a ton of food and sleep in and watch something great on Netflix. Let's make Feb. 14 about loving everyone — especially yourself.

Winter break forecast: 100 percent chance of fun

1. Cheer on the hockey team as they enter into the MCHA Playoffs.
2. Binge watch "Full House" to prepare yourself for "Fuller House," hitting Netflix on Feb. 26.
3. Embroider something. It's National Embroidery Month. Make something for mom.
4. Host a Super Smash Bros. tournament with your friends — or some strangers who seem cool.
5. Procrastinate. Piles of homework? Haven't read anything this semester? Why start now?

PERSPECTIVES



AP IMAGES

Super Bowl 50 in review

Adam Nottoli
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The 50 year anniversary of the Super Bowl happened on Sunday, Feb. 7, in a clash between the Denver Broncos and the Carolina Panthers. The Panthers represented the NFC, going 15-1 in the regular season and outscoring their opponents in the playoffs 80-39 in their steamroll season to the big game. The Broncos had a slightly more difficult time making their way to the Super Bowl, going 12-4 in the regular season before barely managing to eek past their opponents in the post season, winning close games over the Pittsburgh Steelers and the New England Patriots. These two met in Super Bowl 50 to determine who the top team in the NFL would be.

The Super Bowl brought all of their living Super Bowl MVPs to the game for the 50 year anniversary. Players from over the years came forward to represent their Super Bowl, including legends such as receiver Jerry Rice and quarterback Steve Young. Many of the later Super Bowl MVP representatives included current league players such as three-time MVP Tom Brady and two-time MVP Eli Manning, brother of the Broncos' starter Peyton Manning. There was also a cut to Peyton Manning, as he won the MVP award in his team's 2007 Super Bowl victory. This was followed by a singing of the National Anthem by Lady Gaga.

Carolina won the coin toss, choosing to kick the ball off to Denver to start the game. In the first quarter, the Broncos drove downfield to kick a field goal early, before a Cam Newton fumble forced by Von Miller gave Denver an early 10-0 lead. In the second quarter, Carolina answered back with a touchdown of their own, on a dive over the offensive line by 235lb bruiser Jonathan Stewart. A few punts later, Denver was able to put up another field goal, pushing their lead to six points. This was followed by another Carolina fumble but followed almost immediately, five plays later, by a Peyton Manning interception. Carolina was unable to capitalize on their first takeaway on

defense, with the quarter ending after two more punts.

Everyone forced into watching the game via association with their football-fan friends exploded when the players left the field and the half-time show began. Coldplay started the show, followed by the return of Bruno Mars to the half-time show, performing also in Peyton Manning's last trip to the game in Super Bowl XLVIII. After Mars, Beyoncé returned to the Super Bowl stage, last performing in Super Bowl XLVII, a game more remembered for its power outage delay than for the half-time show.

Those forced into game-viewing also found some joy in the Super Bowl commercials. Favorite commercials included a Doritos commercial featuring a birth, a Honda commercial featuring singing sheep and a Mountain Dew commercial featuring the disturbing image of a combination of a pug puppy, a monkey and a baby. The NFL's commercials featured babies who were strangely born nine months after the Super Bowl in the winning city. Some of these commercials seem strange, as the Super Bowl charges over \$150,000 per second of advertisement to air the commercials.

When the game started again, the action didn't pick back up. Carolina received the ball after the half, driving it downfield before missing a field goal, with kicker Graham Gano's attempt bouncing off the top of the right upright. This was followed by yet another field goal with Denver kicker Brandon McManus hitting his third attempt of the night, advancing the Denver lead to 16-7. In the following drive, quarterback Cam Newton threw an interception to the Denver defense, who were unable to capitalize and the ball was punted again. This was followed by a Carolina punt and a Denver fumble, which led to Gano's redemption, hitting a 39-yard field goal, putting Carolina only six points behind Denver again.

Three punts and another Carolina fumble later, forced again on a sack by Miller led to a quick Denver touchdown and a two-point conversion, increasing Denver's lead to 24-10, a

score that would hold out until the game finished. In all, Carolina had four turnovers, three of which were committed by Newton, more than he's had in any game this season. The Broncos won the Super Bowl, putting the franchise at 3-5 all-time, pulling Peyton Manning back up to an even record in Super Bowl games at 2-2.

The confetti exploded, reporters rushed the field and the hats and T-shirts were thrown onto Denver players' heads and shoulders. The audio of Manning's interview with reporters was played while the crying faces of Carolina players were shown. At the trophy ceremony, Miller was presented with the Super Bowl MVP award, joining the few defensive players who hold that title. Manning surpassed Brett Favre for the most wins in an NFL career, racking up number 200 in the Super Bowl victory.

Manning earned an extra chunk of money for winning the game and likely for his little shout-out to Budweiser in his on-field interview, while Newton and Carolina headed to the locker room and back home.

Before the game, a majority of analysts picked Carolina to come out on top, citing their major domination in the regular and post-seasons as reason for their seemingly obvious success to be had in the Super Bowl. Yet, when it came down to the game, they came up short. How could that happen?

Denver did have the better defense heading into the big game, allowing over 600 less yards in the regular season than sixth-ranked Carolina did, an average of around 40 yards less per game. Denver allowed 12 points less during the regular season, as well. During the playoffs, Denver had both of the lead tacklers, Miller garnering five, while Demarcus Ware added another three-and-a-half. Denver also managed six more sacks than Carolina did during regular season play. McManus also lead playoff kickers in field goal attempts, field goals made and field goal percentage, while adding the only completed field goals of over 50 yards in the playoffs.

One on-field reason could be

drawn from the abysmal special teams performance by the Carolina Panthers. They were dead last in the regular season in kick-return yards, averaging a pathetic 18.5 yards per return. On-field miscues also helped lead to their loss, such as the long Denver punt return, began with three Carolina players avoided hitting the return man in a belief that he had called a fair catch. Because of miscues like this, Denver was able to get away with an honestly terrible offensive performance, converting only one of 14 third-down plays.

Along with that comes experience. Carolina had arguably the more talented team, but Denver had the experience on their side. Where Carolina had a handful of players who've played in the Super Bowl before, a majority of Denver's roster had gone two years ago in their last appearance, while their leader was making his fourth appearance. Along with this, Denver had a drive to win. While Carolina may have had more skill, Manning was playing in what would likely be his final NFL game, aiming for win number 200 and an attempt to tie his little brother's number of Super Bowl wins. Denver knew they would have to help Manning succeed and they stepped up their play.

It should also be mentioned that the head official for the game was Clete Blakeman. This was the sixth game that Denver has played under the officiating of Blakeman and this game extended their record under him to 6-0. During the Super Bowl, Denver garnered only six penalties, while Carolina was called for twelve.

Before the game, the match-up appeared to be pretty cut-and-dry. Carolina was coming in with a young dual-threat quarterback having the best season of his career, while Denver's old quarterback was having an ailing season headlined by his benching and un-benching. Carolina's defense was excelling in takeaways and was playing a quarterback who had his greatest number of interceptions in years. But, as we've seen in the past, no Super Bowl is ever as simple as they think it will be. This game will be remembered as one that wasn't.

THIS WEEK IN SPORTS

Wednesday Feb. 10
Women's basketball
vs. Rochester College at 7:30 p.m.

Friday Feb. 12
Men's tennis
West Michigan Doubles Indoor
Shootout
at 3:00 p.m.

Saturday Feb. 13
Women's tennis
vs. Case Western Reserve University
at 2:30 p.m.
Women's basketball
vs. Albion at 3:00 p.m.
Men's tennis
vs. University of Wisconsin-Whitewater
at 4:00 p.m.
Men's basketball
vs. Adrian College at 7:30 p.m.

IN BRIEF

TENNIS WHIFFS

The Hope College tennis teams have had a rough start to their seasons. Both teams opened the spring portion of their seasons with a loss. The men took on Aquinas on Jan. 29 and fell 9-0. They then took on Denison University at home and, once again, fell 9-0.

The women's team, who had a promising fall installment to their season took on Denison in conjunction with the men and fell 7-2. Marie Holaway ('16) took home Hope's sole singles win over Sarah Torrence while the pair of Kate Mader and Natalie Rahrig doubled down and defeated the Big Red No. 3 doubles team.

The men get a shot at their first victory this weekend at the West Michigan Indoor Doubles Shootout on Friday at 3:00 p.m. in the DeWitt Tennis Center. The women have to wait until Saturday when they take on Case Western Reserve University.

MIAA
PLAYERS OF THE WEEK

Men's basketball
Brock Benson ('16)
Center

ICE HOCKEY SKATES OVER
OPPONENTS

Hope College Ice Hockey took down Adrian College in their regular season finale last Friday. The victory came 12-0 and bodes well for the upcoming Michigan Collegiate Hockey Association (MCHA) playoffs; Adrian and Hope are set for a rematch in the first round.

The Dutchmen finished with an overall record of 17-5-3 with conference losses to Calvin College, Grand Valley State University, Michigan State University and Oakland University.

The MCHA West Playoffs begin Feb. 12 with the match-up against Adrian and Aquinas College at the Eagles Ice Center in Grand Rapids, followed by the ACHA Division III Playoffs.

Morehouse captures win number 500

The Flying Dutch women's basketball team celebrated a great deal on Saturday, including a major milestone

Duncan MacLean

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When the clock hit 0:00 on Saturday at DeVos Fieldhouse, head coach Brian Morehouse ('91) and the No. 4 ranked Flying Dutch basketball team made history in more ways than one.

The most obvious, as indicated by the hundreds of posters brashly by fans around the fieldhouse, was Coach Morehouse earning his 500th win with the Dutch. Morehouse became the 28th Division III women's basketball coach to reach 500 wins; he did so with just 76 losses in 20 seasons.

The win capped off a celebration of Morehouse's 2006 NCAA Division III National Championship team, as well as the two Flying Dutch seniors for senior day and featured an alumni game against the JV team and a banquet and ceremony honoring the tenth anniversary of the historic team.

The history kept rolling following the 95-58 routing of St. Mary's College.

The victory improved Hope to 21-0 on the season, marking Morehouse's 18th consecutive 20-win season in his 20-year career at Hope.

"There's no better place than Hope. There's no better place



HOPE ATHLETICS

QUINTUPLE HUNNITS — A routine win against the Belles of St. Mary's College turned to a full blown celebration on Saturday when the Flying Dutch Women's basketball team captured coach Brian Morehouse's 500th win in front of a crowd featuring members of the 2006 national championship squad.

that I'd rather do this," Morehouse said. "I have great players. I get way too much of the credit, honestly."

Credit is due, however. Morehouse's career has been riddled with honors and triumphs for Hope women's basketball. He was named the Women's Basketball Coaches Association (WCBA) Division III National Coach of the Year for 2005-06 and WCBA Regional Coach of the Year three times in 2001-02, 2002-03 and 2008-09.

In addition, the Basketball Coaches Association of Michigan named him the Women's Coach of the Year in 2001-02, 2007-08 and 2011-12.

Apart from his to greatness on the national scale, Morehouse and his teams have ruled the MIAA for a large portion of his career at Hope. The Dutch have claimed 12 of their 14 program MIAA titles under the tutelage of Morehouse and a huge majority of their wins.

Morehouse is Hope's tenth women's basketball coach since the program's creation in 1972. His reign is longest for the team by 16 seasons and his win percentage of .868 is the highest of any coach by .212. The previous nine coaches combine for a record of 265-253, just barely above .500. It is safe to say that Coach Morehouse, over the



HOPE ATHLETICS

course of two successful decades, ushered in a new standard for the Flying Dutch on the hardwood.

The win against St. Mary's may not have been the most shocking, exciting or difficult win of Morehouse's and the Dutch's career, but it was sweet nonetheless.

The 1-21 Belles shot 36.7 percent from the field, netted zero fast-break points and subbed in just six bench points.

The Dutch had themselves a night, fueled by their alumni guests, their coaches milestone and the celebration of their seniors. They shot 54.1 percent from the field, scored 60 from

the paint and 20 fast-break points. Their 38 off the bench included at least one point for every player on the roster. Buckets.

Autumn Anderson ('16) celebrated her second-to-last regular season game in DeVos Fieldhouse by leading the Dutch in points with 19, followed closely by fellow senior Maura McAfee ('16) who finished with 16 points. The pair went out graciously and took a seat on the bench with time still on the clock.

The Dutch return to action for their final regular season game at DeVos Fieldhouse on Saturday against the Britons of Albion College.

Dutchmen knock down Alma for top spot

Nicole Metzler

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Hope College men's basketball, ranked seventh nationally, stands tall at the top of the MIAA Conference with a win over Alma College on Saturday. The Dutchmen ended the Scot's longest win streak since the 1941-42 season. Alma, who formerly lead the conference, dropped their second meeting with Hope this season, 57-71.

"Tough teams win," Coach Mitchell said in a post-game press conference. "I'm not saying that Alma wasn't tough, but I think tonight we were just a little tougher in certain areas and plays in the game, and I thought that was a perfect example of how bad these guys want it."

The game was played in front of a sold-out DeVos Fieldhouse

crowd of 3,477, a number even higher than that of the rivalry game against Calvin College.

While a win is a team performance, the stand-out of the night was Brock Benson ('16), who secured 15 points, 10 rebounds and the MIAA Player of the Week nod. Alex Eidson ('16) also took home 15 points.

Harrison Blackledge ('17) posted a game-high 17 points and went eight-of-nine shooting from the foul line and four-of-eight from the field.

It was one of the closest games of the season. The first half ended with a 28-28 tie, thanks to a jump-shot by Benson in the last four seconds of play. The game was neck-and-neck, back-and-forth until the Dutchmen started to pull away with six minutes left in the second half. Layups, free throws and three-pointers by

Blackledge helped to bring Hope to the forefront.

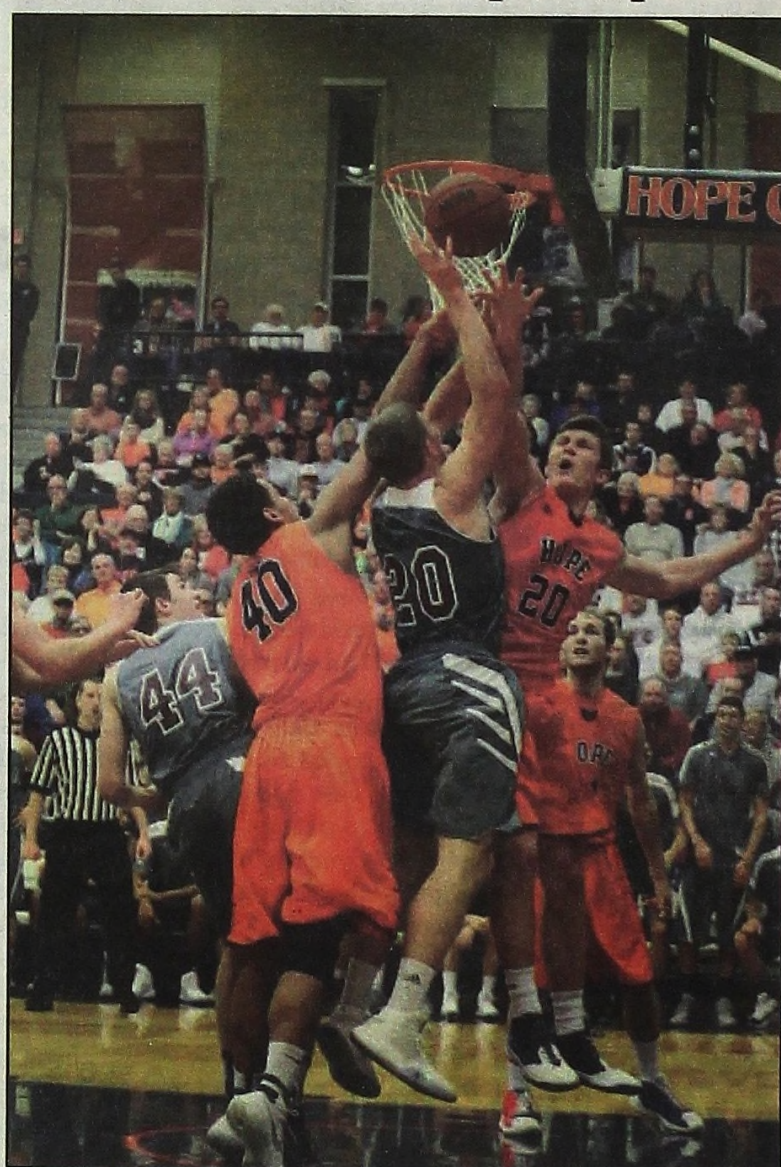
The game concluded with a controversial dunk by Eidson. "I wasn't real excited about the dunk at the end, but we live and learn ... that's not how we wanted it to end," Mitchell said. After giving Eidson a pat on the back, he continued, "I'm so proud of this guy for how he played. He played his booty off."

On Feb. 3, Eidson tied the DeVos Fieldhouse record for amount of three-pointers in a single game at seven. The record is tied with fellow teammate Sam Otto ('16), who made the record on Dec. 5 against Carthage College.

The Feb. 3 game against Olivet College was a slightly easier win for the Dutchmen, taking it to 94-58. Benson chipped in 16 points, Blackledge made 10 and Otto and Ben Gardner ('16) each had nine.

Gardner was honored on Feb. 9 when he was named to the 2016 Allstate National Association of Basketball Coaches Association and Women's Basketball Coaches Association Good Works Teams. He was one of 20 students selected for this honor. Gardner is a co-founder of Jesse G. Clothing, a company that donates a portion of every purchase to youth in Ethiopia. The 20 students will be recognized at the 2016 Men's Final Four in March.

The Dutchmen are now on a seven-game win streak and are situated at a 19-2 overall record, with 9-1 in conference play. Their only two losses came from Cor-



ALMA COLLEGE ATHLETICS

THROW DOWN — Forward Harrison Blackledge ('17) and Center Brock Benson ('16) leap to fight an Alma College player from scoring a point up close during the game.

nerstone University and Alma when they traveled to their turf earlier in the season.

Hope's next home game is on Feb. 13 at 7:30 p.m. against

Adrian College, who is fifth in the conference as of Feb. 8. The second round of the Hope/Calvin rivalry will be played away on Feb. 20 at 3 p.m.

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